QxQ updated: 06/24/2004

HALT-C Trial Q x Q

Weight History - Risk Factors AS

Form # 146 Version B: 12/03/2001

<u>Purpose of Form #146:</u> The Weight History form collects information on the weight history of all patients enrolled in the HALT-C Trial using a brief, self-administered questionnaire.

When to complete Form #146: This form should be completed for all patients participating in the HALT-C Trial. For all Lead-in patients it should be completed at the Week 8 (W08) visit, and for all express patients at the Month 9 (M09) visit. Form #146 is data entered at each clinical site.

SECTION A: GENERAL INFORMATION

- A1. Affix the patient ID label in the space provided.
 - If the label is not available, record the ID number legibly.
- A2. Enter the patient's initials exactly as recorded on the Trial ID Assignment form.
- A3. Enter the three-digit code corresponding to this visit.
- A4. Record the date of the visit in MM/DD/YYYY format.
- A5. Enter the initials of the person completing Section A of the form.

SECTION B: WEIGHT HISTORY

- The patient should complete section B by following the directions written on the form.
- If the patient is not able to complete this form by her/himself, the interviewer may read the questions and answers to the patient and record the answers given by the patient on the form. If the interviewer completes the form in this manner, please note so in the margins of the form by writing "form completed by interviewer" with the initials of the interviewer.
- It is important that the patient complete all of the items on the form.
 - Review the form for any missing items.
 - Make sure that each item has only a single answer selected.
 - Please ask the patient to complete any missing or doubly marked items.
- B1. The patient should write down in the space provided his/her weight in pounds at age 20.

If the patient is 20 years old, then the form is complete. The patient should stop and return the form.

If the patient is younger than 20 years, instruct the patient to enter his/her current weight. The form is complete. The patient should stop and return the form.

 Note on Data Entry: If the patient is younger than 20 years, enter a field level comment stating the patient's current age and weight.

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- B2. The patient should write down in the space provided his/her weight in pounds at age 40. If patient is younger than 40 years, s/he should skip this question and continue to question B3.
- B3. The patient should record the weight in pounds of the most s/he weighed between age 20 and the present. For women, this weight does not include times when pregnant.
- B3a. The patient should record the age in years when s/he first weighed the most in his/her lifetime. For women, this weight does not include times when pregnant.
- B4. The patient should record the weight in pounds of the least the patient weighed between age 20 and the present. This weight should not include any time periods when the patient was ill.
- B4a. The patient should record the age in years when s/he first weighed the least in his/her lifetime. The form is complete. The patient should stop and return the form.